

This institution is an equal opportunity provider.

JANUARY 2019

Norman County East Schools

Monday	Tuesday	Wednesday	Thursday	Friday	
	1 No School	2 BREAKFAST BREAKFAST PIZZA LUNCH BURRITO & SPANISH RICE	3 BREAKFAST OMELETTE & TOAST LUNCH CHICKEN GRAVY & MASHED POTATOES	4 BREAKFAST FRENCH TOAST W/ SYRUP & SAUSAGE PATTY LUNCH DUNKERS W/ MARINARA	
	7 BREAKFAST LONG JOHN & YOGURT LUNCH SWEET & SOUR CHICKEN W/ BROWN RICE	8 BREAKFAST MUFFIN & CHEESE STICK LUNCH SUPER NACHOS W/ REFRIED BEANS	9 BREAKFAST EGG BAKE & TOAST LUNCH HAM, MASHED POTATOES & GRAVY	10 BREAKFAST BREAKFAST SANDWICH LUNCH CHICKEN WRAP W/ SPANISH RICE	11 BREAKFAST PANCAKES W/ SYRUP AND SAUSAGE PATTY LUNCH PIZZA
	14 BREAKFAST OATMEAL & YOGURT LUNCH LASAGNA ROLL W/ MEAT SAUCE BREAD STICK	15 BREAKFAST DUTCH WAFFLE W/ SYRUP & SAUSAGE LUNCH CRISPITOS	16 BREAKFAST APPLE FRUDEL & CHEESE STICK LUNCH HAMBURGER GRAVY & MASHED POTATOES	17 BREAKFAST BREAKFAST BURRITO LUNCH HOT DOG ON A BUN & BAKED BEANS	18 BREAKFAST CINNAMON ROLL W/ CHEESE STICK LUNCH CHEESE BREAD STICKS W/ MARINARA SAUCE
	21 No School	22 BREAKFAST COFFEE CAKE W/ CHEESE STICK LUNCH TACO IN A BAG & REFRIED BEANS	23 BREAKFAST BREAKFAST PIZZA LUNCH CHICKEN NUGGETS & SWEET POTATO TATER TOTS	24 BREAKFAST LONG JOHN W/ CHEESE STICK LUNCH PORK LOIN & MASHED POTATOES	25 BREAKFAST FRENCH TOAST W/ SYRUP & SAUSAGE PATTY LUNCH CHICKEN PATTY ON BUN W/ SHOESTRING FRIES
	28 BREAKFAST BLUEBERRY PANCAKES W/ SYRUP AND SAUSAGE LINKS LUNCH BISCUITS & GRAVY	29 BREAKFAST EGG BAKE & TOAST LUNCH CHICKEN FAJITAS	30 BREAKFAST BREAKFAST SANDWICH LUNCH MINI MEATBALL SUB W/ POTATO WEDGES	31 BREAKFAST MUFFIN & CHEESE STICK LUNCH COOKS CHOICE SOUP & SANDWICH	

FRUIT & JUICE ARE SERVED EVERYDAY AT BREAKFAST FOR PREK-12
 FRUIT & VEGETABLES ARE SERVED EVERYDAY AT LUNCH FOR PREK-12
 SKIM, 1% & CHOCOLATE MILK ARE SERVED EVERYDAY FOR BREAKFAST AND LUNCH FOR K-12
 SKIM & 1% ARE SERVED EVERYDAY FOR PREK

