

# OCTOBER 2018

## Norman County East Schools

### Monday

**BREAKFAST**  
YOGURT PARFAIT  
W/ GRANOLA & TOAST

1

**LUNCH**  
TOMATO SOUP  
& GRILLED CHEESE SANDWICH

**BREAKFAST**  
BREAKFAST PIZZA

8

**LUNCH**  
TURKEY AND CHEESE SUB  
& FRIES

**BREAKFAST**  
BREAKFAST BAR  
& CHEESE STICK

15

**LUNCH**  
LASAGNA ROLL W/ MEAT SAUCE  
BREAD STICK

**BREAKFAST**  
YOGURT PARFAIT  
W/ GRANOLA & TOAST

22

**LUNCH**  
CHICKEN PATTY ON BUN  
W/ MASHED POTATOES

**BREAKFAST**  
BREAKFAST PIZZA

29

**LUNCH**  
MINI MEATBALL SUB  
W/ POTATO WEDGES

### Tuesday

**BREAKFAST**  
COFFEE CAKE  
W/ CHEESE STICK

2

**LUNCH**  
BAKED HAM, SWEET POTATOES  
& DINNER ROLL

**BREAKFAST**  
MUFFIN  
& HARDBOILED EGG

9

**LUNCH**  
PIGS IN A BLANKET  
& CALICO BEANS

**BREAKFAST**  
DUTCH WAFFLE  
W/ SYRUP

16

**LUNCH**  
HOT HAM & CHEESE ON BUN  
W/ POTATO WEDGES

**BREAKFAST**  
COFFEE CAKE  
W/ CHEESE STICK

23

**LUNCH**  
TACO SALAD  
W/ CHIPS & REFRIED BEANS

**BREAKFAST**  
MUFFIN  
& HARDBOILED EGG

30

**LUNCH**  
BBQ CHICKEN DRUMSTICK  
W/ BAKED BEANS & DINNER ROLL

### Wednesday

**BREAKFAST**  
CHOICE ROLL  
& YOGURT

3

**LUNCH**  
SLOPPY JOE ON A BUN  
& ROASTED RED POTATOES

**BREAKFAST**  
PANCAKE ON A STICK  
W/ SYRUP

10

**LUNCH**  
BAKED CHICKEN DRUMSTICK  
& BROCCOLI

**BREAKFAST**  
MINI PANCAKES  
W/ SYRUP AND SAUSAGE PATTY

17

**LUNCH**  
SUPER NACHOS  
W/ REFRIED BEANS

**BREAKFAST**  
CHOICE ROLL  
& YOGURT

24

**LUNCH**  
SPAGHETTI  
W/ MEAT SAUCE & GARLIC BREAD

**BREAKFAST**  
PANCAKE ON A STICK  
W/ SYRUP

31

**LUNCH**  
CHILI  
W/ CORNBREAD

### Thursday

**BREAKFAST**  
OMELETTE & TOAST

4

**LUNCH**  
CHICKEN GRAVY  
& MASHED POTATOES

**BREAKFAST**  
SAUSAGE BREAKFAST  
SANDWICH

11

**LUNCH**  
BURRITO  
& SPANISH RICE

**No School**

18

**BREAKFAST**  
OMELETTE & TOAST

25

**LUNCH**  
CHICKEN WRAP  
W/ SPANISH RICE & COOKIE

### Friday

**BREAKFAST**  
FRENCH TOAST STICKS  
W/ SYRUP & SAUSAGE PATTY

5

**LUNCH**  
DUNKERS  
W/ MEAT MARINARA

**BREAKFAST**  
BLUEBERRY OR BANANA  
BREAD W/ BUTTER

12

**LUNCH**  
CHEESE BREAD STICKS  
W/ MARINARA SAUCE

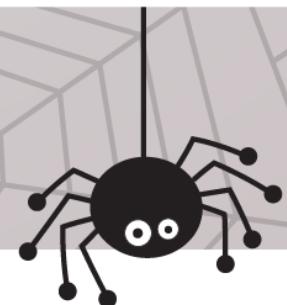
**No School**

19

**BREAKFAST**  
FRENCH TOAST STICKS  
W/ SYRUP & SAUSAGE PATTY

26

**LUNCH**  
PIZZA  
W/ LETTUCE SALAD & DRESSING



FRUIT & JUICE ARE SERVED EVERYDAY AT BREAKFAST FOR PREK-12  
FRUIT & VEGETABLES ARE SERVED EVERYDAY AT LUNCH FOR PREK-12  
SKIM, 1% & CHOCOLATE MILK ARE SERVED EVERYDAY FOR BREAKFAST AND LUNCH FOR K-12  
SKIM & 1% ARE SERVED EVERYDAY FOR PREK

This institution is an equal opportunity provider.