

# *Wellness Policy Evaluation and Implementation Plan*

The District Wellness coordinator will contact the staff, board members, school nurse, and advertise on the website and hang posters soliciting for community members to be involved on the District Wellness Committee.

For the year of 2018, solicitation will occur by February 7.

The committee will meet four times during 2018.

## **Meeting 1:** the week of February 19-23

The policy will be reviewed. The committee will discuss and decide goals for nutrition, food/beverage marketing, food/beverage promotion and education, physical activity and education, student wellness, plan implementation, Plan evaluation, and implementation audits.

**Between meetings:** DWC will develop and implementation audit form.

## **Meeting 2:** March board meeting

The wellness policy will be presented to the board of education and the public. Form will be approved by the committee.

**Between meetings:** Approved policy will be posted on school website. Coordinator will perform a second implementation audit.

## **Meeting 3:** Early May.

The committee will meet to review the implementation audit and effectiveness of the wellness plan. Modifications will be suggested for the plan.

**Staff workshop days:** Coordinator will assure that the wellness policy is presented to the district staff.

## **Meeting 4:** End of September

The DW Committee will meet to review the policy, the implementation plan, and suggest modifications.