

Agenda for Wellness Policy Committee

Wednesday, February 28, 2018

7:15-8:00 am

Choose recorder for committee.

Goal for today's meeting: To review the policy and decide how it can best represent our school so it can be presented to the board.

Members present:

1. Members on committee- page 4
2. Implementation plan- hand out.
3. Review pages 5-6.
4. Nutrition- Renee page 6.
 - a. Review and decide on wording.
 - b. Nutrition goal-
5. Water- page 8
6. Rewards/Fundraising/promotion- page 9
 - a. Review
 - b. Promotion goal:
7. Nutrition Education- page 10
 - a. Review
 - b. Health education goal:
 - c. Marketing goal (p11):
8. Physical Activity/education- page 12
 - a. Review
 - b. Physical activity goal:
 - c. Physical education goal:
9. Health Education- page 13
 - a. Review
 - b. Health education goal:
10. Policies on page 15 and 16
 - a. Review
 - b. Student wellness promotion:
11. Staff wellness and Professional learning- page 17.
12. School level contacts- page 20.

Next meeting and action plan for tasks.

Thank you for your time and effort promoting student health and wellness!